

Fall 2017

Phone: 642-2875
www.standishrec.com



Standish Senior Newsletter

Something for Everyone!

Dear Friends,

We're coming down from an extremely busy summer here at Standish Parks and Recreation. We've been running full throttle since the 3-day Summer Spectacular in June. Our department coordinated summer rec camp with nearly 200 campers and over 25 seasonal staff for eight weeks of field trips and activities. We also worked closely with our awesome public works crew directed by Roger Mosley on several projects in town including: resurfacing the tennis/pickleball courts, adding new parking and a roadway at Memorial Park, rehabbing a couple of little league fields, sprucing up some of our parks and facilities, purchasing a new bus, and of course the long-awaited opening of our new Rich Memorial Beach! Let's just say there's never a dull moment here at Town Hall!

As some of you may know, the glue that helps hold together our many moving parts here in the department, otherwise known as Marcy Parmenter, has accepted a new job with the computer software company that handles our registration management. Marcy's last day was August 18th and along with her husband Bill, they will be moving to Lewiston to be closer to Bill's job. We're trying hard to limit the number of times we call Marcy for answers to our many questions! She is greatly missed—especially because no one laughs at my jokes as well as she can! We are currently seeking a replacement for Marcy and hope to have a new person in place sometime in September. In the meantime, Brady Lloyd and I will be your contact for registration and assistance.

The new rec bus has been ordered and is currently being built to meet the specs we provided. It should be here and ready for trips no later than December. I'll keep you posted on the progress. Thank you to everyone who voted for the purchase. I have a feeling we'll be traveling to some fun places together in the coming years!

I hope you enjoy the trips and activities presented this fall. Please let me know if you have suggestions!

Hope to see you soon!

Jen DeRice, Director of Parks & Recreation

Ways to Register for Standish Recreation Programs On-line (www.standishrec.com):

Follow directions on the home page to "Register your Household", which is only required one time. Each subsequent time you will simply log in and choose the program for which you are registering.

By mail: mail with check payable to: "Town of Standish" Standish Parks & Recreation 175 Northeast Rd. Standish, ME 04084

In Person: Call the Recreation office for an appointment to pay in person with cash or check, or we can process your registration with a credit card over the phone. If no one is available in the rec office, you can pay at the Clerk's Office, Monday—Thursday 7:30am-4:30pm.

For assistance with the on-line system, please call us at 642-2875

REFUND POLICY:

Depending upon our destination, there may be times that we are unable to offer full refunds for anyone who cancels a trip. Whenever possible, we will issue either a full or partial refund (determined by requirements of the venue we are visiting) for anyone who cancels 48 hours prior to the trip. Sorry, no refunds for less than 48 hours notice.

IF YOU SNOOZE, WE ALL LOSE...PLEASE REGISTER EARLY!

A minimum number of participants is required in order to offer trips and classes. Early registration will insure that your seat is reserved and you won't miss out because a program is cancelled or filled! Programs and trips take coordination and planning. The sooner we know how many to expect, the better the planning. Deadlines are generally one week prior to the first class/trip unless otherwise noted, but more notice is better. Some of our trips will be in collaboration with other local recreation departments including Gorham, Falmouth, Windham, Cape and others. This will help us to reach our minimum enrollment for trips requiring a motorcoach or theater tickets, etc. Besides, it's fun to team up with others and meet new people! Most trips depart from Standish Municipal Center UPPER PARKING LOT unless otherwise stated.

Please arrive 10-15 minutes early to load the bus. Times listed are "pull out of the parking lot" times.

HEALTH AND FITNESS

@ Standish Municipal Center, Sebago Lake Room

Registration prior to class is preferred and will be accepted until the day before the first class. Registration after the session begins will be charged for the full session fee or for a pro-rated fee of \$8.00/class for the remainder of the session.

Check the website for session dates or call 642-2875

TAI-CHI

Tai chi is an ancient Chinese tradition that, today, is practiced as a graceful form of exercise. It involves a series of movements performed in a slow, focused manner and accompanied by deep breathing.

Dates: Thursdays (ongoing, but divided into 8-week sessions)

Time: 9:30—10:30 am

Fee: \$40 for 8-weeks or \$8/class partial session.

Instructor: Al Delaney



LINE DANCING

Dancers of all levels are encouraged to participate. It is a great form of exercise, not to mention a lot of fun!

Registration is preferred by the Monday before the session starts.

Dates: Tuesdays beginning September 12

Time: 10:00—11:30 a.m.

Fee: \$40 for 8-week session or \$8/class for partial session.

Instructor: Deb Wells



Photos from our 3-day Standish Summer Spectacular June.

Top left to right: Committee volunteers who helped plan the events; “Spectacular Launch Party” aerial shot with view of Sebago Lake; and volunteer, Terry Christy, with Public Works Director, Roger Mosley, lining the parking lot for the fireworks at Memorial Park.

Bottom left to right: 2017 Grand Marshal, Phil Burnell with driver, Paul Hanson; Kora Shriners in the parade; and 2017 Boston Post Cane Recipient, Betty Edwards, with driver, Alan Hawkes.



ACTIVE SENIOR CITIZENS OF STANDISH

This group is open to all seniors of the Standish community. No invitation is necessary, but reservations are required. Each month brings a new educational topic or entertainment for the group to share. Lunch, social and sometimes a brief business meeting are included. Join us!

New members are always welcome!

Dates: 2nd & 4th Wednesday of the month

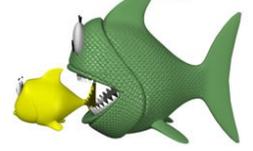
Time: 11:00 am, lunch served at 12:00 pm

Location: the Standish Municipal Center (Sebago Lake Room)

Lunch is catered by Personal Touch Catering for \$6.00

Contact Donna Grovo: 675-3302 for reservations (by Thursday prior to each lunch)

Join Me For Lunch



Joining the Standish Active Seniors for lunch or signing up for a trip is a great way to get involved in the community and meet people!

OUT TO LUNCH

We'll take the scenic route while you enjoy the ride. Travel with us and enjoy a chance to experience a social gathering at a local restaurant. Order off the menu and pay on your own—cash with smaller bills helps move along the check out process. This is a great opportunity to meet new people and dine together in a social setting. (Max of 12).

Date: Wednesday, November 15

Time: Depart 11:00 am—Return approx. 1:30 pm

Fee: \$5.00 per trip (lunch is on your own)



Tennis court resurfacing and baseball field reconstruction projects at Johnson Field are both completed.

SENIOR TRIPS, TOURS & OUTINGS

THE MEMORY LANE SHOWS PRESENTS:

Take a trip down memory lane as we view live video footage detailing the rich musical history of the Old Orchard Beach Pier that was constructed in 1898. Be prepared for some toe-tapping as we hear music from 1928 with Rudy Vallee and through the 1960's with Big Band acts such as Glen Miller and Tommy D'Orsey, ending with the Everly Brothers in the 1960's. Light refreshments will be served. Advance registration required. Max 30.

Date: Wednesday, October 4 Time: 10:00-11:00am

Location: Town Hall, Sebago Lake Room

Fee: \$3.00

STRAWBERRY BANKE, Portsmouth, NH

Step over the threshold of history... into life in one of our country's oldest waterfront neighborhoods. Strawberry Banke is a 10-acre living history museum that has preserved the lifestyles and traditions of four centuries of New Englanders. Here you can see 40 buildings - most on their original sites - spanning from the late 1600s to the mid-1950s. From the spare storefronts of colonial merchants to the elegant Georgian-style mansion of Governor Goodwin, from the humble dwellings of early Jewish immigrants to the penny candy counter of the WWII-era Abbott Store, Strawberry Banke tells the stories of a neighborhood over time. Self-guided tour, and requires moderate walking.

Min 8/Max 13 (Van transportation)

Date: Thursday, September 21

Depart: 8:45 am—Return: 3:00 pm

Fee: \$25.00 (lunch on site, not included)

FRYEBURG FAIR Leave the driving and parking to us, and we'll drop you off right at the gate for "Senior Day" at the fair. Admission is free for anyone over 65. All others can purchase a ticket on site. Min 8/Max 14. (Van transportation)

Date: Tuesday, October 3 Fee: \$6

Time: Depart 8:30 am—Return 3pm

JERSEY BOYS @ MERRILL AUDITORIUM

Jersey Boys, a jukebox musical about the 1960's rock and roll group The Four Seasons. The musical features an impressive ensemble of artists who bring to life the captivating story of the formation, success, and eventual break-up of The Four Seasons. The musical includes hits such as Big Girls Don't Cry, Sherry, December 1963 (Oh, What a Night), My Eyes Adored You, Stay, Can't Take My Eyes Off You and Rag Doll. It's presented in a documentary-style format and consists of 4 "seasons", each of which is narrated by a different band member. Max 12.

Date: Saturday, October 7 Fee: \$69

Depart: 1:00 pm (show time: 2pm) - Return: 4:30 pm

BETHEL HISTORICAL MUSEUM & BETHEL INN

Nestled in the foothills of the White Mountains, we will visit the Bethel Historical Museum which features eight exhibit galleries and nine period rooms spread between two of the town's earliest homes—the 1821 O'Neil Robinson House and the 1813 Dr. Moses Mason House. After the tour and museum gift shop, we will head to a turn-of-the-century resort, The Bethel Inn, for a delicious lunch buffet. The buffet offers a choice of either Lemon Pepper Chicken or Baked Stuffed Filet of Sole. Also included are soup, salad, freshly baked bread, seasonal vegetables, potatoes or rice and coffee or tea. Max 12

Date: Tuesday, October 17 Depart: 8:45 am—Return: 3:30 pm

Fee: \$46.00 (includes van transportation, admission & lunch)

HOBO RAILROAD LAKESIDE TOUR

We will travel by motor coach then hop aboard the lakeside dinner train as we ride alongside Lake Winnepesaukee in Meredith, NH. View the remaining fall foliage as we travel the shoreline of the lake while enjoying a fabulous turkey dinner catered by the famous Harts Turkey Farm. This trip is in cooperation with local recreation departments. Register early! Max 10 per community. Date: Thursday, October 26

Depart: 7:30 am—Return: 4:00 pm Fee: \$69.00

STONE MOUNTAIN ARTS CENTER

Nestled in the foothills of the White Mountains in Brownfield, Maine, the Stone Mountain Arts Center is a beautiful timber frame music hall hosting national acts up close and personal in an equally beautiful setting. But just for one day, it will be our own performance venue where we will enjoy the generous portions of home cooked meal served with love while listening to Carol Noonan perform traditional Christmas and holiday music. **Deadline to register is 11/21.** Max 24.

Date: Wednesday, November 29

Depart: 9:45 am—Return: 3:00 pm Fee: \$39.00

MAGIC OF CHRISTMAS

Celebrate the traditions, story and spirit of the season and experience the Magic for yourself! Take advantage of door-to-door service as we travel to Portland's Merrill Auditorium where our seats are located in Orchestra 2. Max 12.

Date: Friday, December 8 (limited tickets available)

Depart: 11:30 am (back lot CECS) - Return: 4:30 pm

Fee: \$38

GARDENS AGLOW @ COASTAL MAINE BOTANICAL GARDENS

Join us for the largest light show in Maine! See hundreds of thousands of lights, strung through the upper gardens in a beautiful display. The Garden Café will be open with food options throughout the grounds. Price includes entry to the garden and transportation. Max 12

Date: Thursday, December 14

Depart: 2:00 pm—Return: 8:30 pm Fee: \$21.00

STEEP FALLS LIBRARY AND THE FARMERS' & ARTISANS' MARKET

Located on Route 113 in Steep Falls, 675-3132

Library Open on Mondays, Tuesdays & Wednesdays: 10am—7pm, Saturdays: 9am — Noon

BOOK CLUB:

Monthly on the 3rd Monday at 11:00 am.

Please bring your lunch.

September: Lost City of the Monkey God by Douglas Preston

October: The Zookeepers Wife by Diane Akerman

November: Before We Were Yours by Liza Wingate

December: Run by Ann Patchett



FMI: Wim Schimmer—675-3147

BRIDGE CLUB

Meets on Tuesdays from 1:00—4:00 p.m.

at the Standish Municipal Center

FMI, please Kathy Murphy at

207-310-8015 or June Flewwelling at

207-939-9647



AMERICAN MAH JONGG

For players who already know the game and are familiar with the Official Mah Jongg rules.

Fridays, 9am—11am at the Town Hall Sebago Lake Room.

FMI Contact: Mary Lou Tracy at 207-642-2503

Catherine's Cupboard Food Pantry

Sponsored by Saint Joseph's College, in partnership with the Town of Standish and Pearson's Café, Catherine's Cupboard Food Pantry distributes food to those in need every Monday from 9:00-10:30am and Wednesday from 5:30—7:00 pm at the Standish Municipal Center which is located on Route 35.

Want to help? - Donations of canned or nonperishable goods accepted at the cupboard on Wednesday nights, or at Hannaford in Standish, Standish Town Hall or Campus Ministry at SJC.

Need Food? - Show up Wednesday night between 5:00—6:30pm to fill out your paperwork and collect food bags.

FMI—contact Monica Gerrish at 893-7790 or e-mail mgerrish@sjcme.edu

UPCOMING SPECIAL EVENTS!



September 9th: Free Outdoor Movie in the Park

October 14th: Standish Public Safety Day October 14th

October 28th: Spooktacular Halloween Party

December 7th: Annual Tree lighting

Stay ACTIVE PHYSICALLY & INTELLECTUALLY

Fall Senior Newsletter

Affix Mailing Label Here

Parks & Recreation Department
Town of Standish
175 Northeast Road
Standish, ME 04084

IF YOU SNOOZE, WE ALL LOSE...PLEASE REGISTER EARLY!

A minimum number of participants is required in order to offer trips and classes. Early registration will insure that your seat is reserved and you won't miss out because a program is cancelled or filled! Programs and trips take coordination and planning. The sooner we know how many to expect, the better the planning. Deadlines are generally one week prior to the first class/trip unless otherwise noted, but more notice is better. Some of our trips will be in collaboration with other local recreation departments including Gorham, Falmouth, Windham, Cape and others. This will help us to reach our minimum enrollment for trips requiring a motorcoach or theater tickets, etc. Besides, it's fun to team up with others and meet new people! Most trips depart from Standish Municipal Center **UPPER PARKING LOT** unless otherwise stated.

Please arrive 10-15 minutes early to load the bus. Times listed are "pull out of the parking lot" times.

If you would like to subscribe to the Senior Newsletter, please return the form below.
There is no charge for this, and please share this newsletter with a friend! Thanks.

Name: _____ Date of Birth: _____

Address: _____

Phone: _____ Email Address: _____

Please mail to Standish Parks & Recreation Department, 175 Northeast Road, Standish, ME 04084

Newsletters are also available on-line at www.standishrec.com