



October Newsletter 2013

## *Before and After School Program*

**Program Director – Jennifer Berger 642-2298**

Hello! Fall has arrived and a whole month of school has already been completed...it is hard to believe. I have learned a lot about the program and have really enjoyed getting to know you and your children better. I look forward to the following month's activities and working with your children. Fall is my favorite time of year and we have some fun things planned.

Please feel free to contact me at the number listed above with any questions, concerns, or comments that you may have. I welcome any suggestions and would love to talk to you if you feel we can help your child in any way. Thank you for choosing this program. Your children are precious to me!



### Typical Afternoon Schedule

- 3:00-3:25 Arrive and have snack
- 3:25-4:00 Everyone outside to play
- 4:00-4:25 Homework and Reading time
- 4:25-5:00 Choice of Outside/Gym playtime or Inside Crafts and Games
- 5:00-6:00 Crafts/Games/Art/Legos...



### What's Happening...

**Creating Healthy Habits-** 3:30-4:30  
Grades K-2 Mondays in October

**Mad Science-** 3:30-4:30  
Wednesdays Sept. 25- Oct. 23

**Zumba Kids-**  
FREE class this Thursday, Oct. 3 at 4:00  
May start up Thursdays if there is  
enough interest. ASK YOUR KIDS HOW  
THEY LIKE IT! Fitness that's fun!



### What to Look For...

1.) Sign-up your child for **Apple Picking** this week at the sign-out table. FREE of charge. Oct. 7 for Gr. 3-5 and Oct. 9 for Gr. K-2. Time 3-5pm

2.) Sign-up your child for **Cooking with Patty** if interested at sign-out table. FREE of charge. Fridays, Oct. 11 and 25/18  
**\*May have a limit of 12 per class**

3.) **Nature Walks** are a possibility for October. Watch for sign-ups.

**Jen's Notes:** The "5 Star Program" for good behavior is going well. Lots of prizes are being won but the rules that really need to be reinforced are the "**No Physical Contact**" rule and the "**Respect Others**" rule. There is no physical fighting allowed (hitting, punching, pushing, etc.) and there is no disrespecting others (making others feel bad, teasing, taunting, yelling, etc.). If we work together at reinforcing this, I am sure we will see a big difference both at home and Rec.



### Parent Reminders:

- 1.) **It is getting colder...**Please make sure they have **coats/sweatshirts** for outdoor activities and **appropriate footwear**.
- 2.) Please make sure your children are sent with an **afternoon snack**. We cannot provide snacks for children at this time and they are hungry!
- 3.) Please **keep all toys, games and electronics at home** as we cannot be held responsible for damaged, stolen, or lost items.
- 4.) Please call **the ASP 642-2298** as soon as you know (before 3pm please) that your child will not be attending the ASP on a certain day. Leave a message if there is no one at the desk. Thank you!